



LEGEND

0.5 0 0.5 1
Kilometres
1 : 23 800

Expressway
Major Route
Minor Route
Other Road
Railway
Cycling Trail
Trail
Ferry
14 Highway Exit Number
Info Centre

Public Art
Shopping Centre
Recreation Centre
Marina
Golf
Major Building
Retail Area
Golf Course
Park
Institution, Indian Reserve

VISITOR CENTRES

Open All Year
Weekdays 9-5 PM
#102 - 124 West 1st St. NV
Tel. 604-987-4488

Open Victoria Day Weekend to Labour Day Weekend
Daily 10 AM-6 PM at Lonsdale Quay Market
Tel. 604-980-5331

USEFUL INFO

BC Ferries (in BC only) 1-888-223-3779
BC Road Conditions 1-800-550-4997
BCAA Emergency Service 604-293-2222
Blue Bus West Van 604-985-7777
Canada Customs Info 1-800-461-9999
Hiking www.vancouvertrails.com
North Shore Taxi 604-987-7171
Police/Fire/Ambulance 911
Public Transit - Translink/Sea Bus 604-953-3333
Sunshine Cabs 604-988-8888
Weather Report 604-664-9010

GOLF

1 See Over	
2 Capilano Golf Club (private)	604-922-9331
3 See Over	
4 Murdo Frazer Par 3 Golf Course	604-980-8410
5 Northlands Golf and Restaurant	604-924-2950
6 Seymour Creek Driving Range	604-987-7767
7 Seymour Golf Course	604-929-5491
8 Takaya Golf Centre Driving Range	604-929-6672

ACCOMMODATIONS

1 Best Western Capilano Inn & Suites	1-800-644-4227
2 Comfort Inn and Suites	1-888-988-3181
3 Grouse Inn	1-800-779-7888
4 Holiday Inn & Suites	1-877-985-3111
5 See Over	
6 Lonsdale Quay Hotel	1-800-836-6111
7 North Vancouver Hotel	1-800-663-4055
8 Ocean Breeze B&B	1-800-567-5171
9 Pinnacle Hotel at the Pier	1-877-986-7437
10 Travelodge Vancouver Lion's Gate	1-800-578-7878
Thistle House	1-888-633-7173

ATTRACTIONS

1 Capilano Salmon Hatchery	604-666-1790
2 Capilano Suspension Bridge	604-985-7474
3 Cleveland Dam	N/A
4 Deep Cove Canoe & Kayak	604-929-2268
5 Grouse Mountain Skyride & Resort	604-984-0661
6 Lonsdale Quay Market	604-985-6261
7 Lynn Canyon Ecology Centre	604-990-3755
8 Lynn Canyon Park & Bridge	N/A
9 Maplewood Farm	604-929-5610
10 Maplewood Conservation Area	N/A
11 Lonsdale Boat Rentals	604-929-6257



Get A Good Nights Sleep At A Price That Suits Your Budget.
The North Shore has a full range of accommodations (from 2 to 4 stars) just minutes from downtown Vancouver.

BEST WESTERN CAPILANO INN & SUITES
1634 Capilano Road, North Vancouver, BC
Tel: 1-800-644-4227 or 604-987-8185
www.bestwesterncapilano.com

COMFORT INN & SUITES
1748 Capilano Road, North Vancouver, BC
Tel: 1-888-988-3181 or 604-988-3181
www.vancouvercomfort.com

GROUPS INN
1633 Capilano Road, North Vancouver, BC
Tel: 1-800-779-7888 or 604-988-7101
www.vancouvergroupsinn.com

HOLADAY INN & SUITES
700 Old Lillooet Road, North Vancouver, BC
Tel: 1-877-985-3111 or 604-985-3111
www.holidayinn.com

LONSDALE QUAY HOTEL
3rd Fl. 123 Carle Cates Court, North Vancouver, BC
Tel: 1-800-836-6111 or 604-986-6111
www.lonsdalequayhotel.com

NORTH VANCOUVER HOTEL
1800 Capilano Road, North Vancouver, BC
Tel: 1-800-663-4055 or 604-987-4461
www.northvancouverhotel.ca

THE PINNACLE AT THE PIER
138 Victory Ship Way, North Vancouver, BC
Tel: 1-877-986-7437 or 604-986-7437
www.pinnaclehotelatthepier.com

TRAVELodge VANCOUVER LION'S GATE
2060 Marine Drive, North Vancouver, BC
Tel: 1-800-578-7878 or 604-985-5311
www.lionsgatetravelodge.com

THISTLEDOWN HOUSE BED AND BREAKFAST
3910 Capilano Road, North Vancouver, BC
Tel: 1-888-633-7173 or 604-986-7173
www.thisle-down.com

OCEANBREZZE BED & BREAKFAST
462 1st Street East
North Vancouver, BC
Tel: 1-800-567-5171 or 604-988-0546
www.oceanbreezevancouver.com

MAP

VANCOUVER'S NORTH SHORE TOURISM
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Vancouver Coast & Mountains Region

Super Natural British Columbia

Images:
A person hiking through a forest.
A group of people in a boat on the water.
A person on a bridge over a river.